



GFWC Big Rapids Newsletter



February, 2022

"Words have no meaning until they are put into Action."

Hello Ladies,

Last year, at this time, I asked if you heard the celebration going on in Big Rapids. This year it was louder as Linda finished the reports and retired. What an amazing woman!! Congratulations and thanks to Linda for all that she does. I am looking forward to her leadership next year.

I want to remind you that February is "Heart Health" month. We will be sending out information to help keep you healthy during the month. Friday, February 4th, is "Wear Red Day" and wear your Red Dress pin throughout the month. Let's work together to help keep women informed of their heart health.

Healthy Heart



Healthy You

Great things are planned for our February meeting. Hope to see you there.

Ann

Our next meeting is Tuesday, Feb. 8th

6:30pm

At the Elks



Program presented by Health & Wellness CSP

We will be learning Chair Yoga

Remember: February is Heart Health Month



GREAT NEWS!

Joyce Ittis family has welcomed a new great grand daughter.

Joan Boroff family has welcomed a new great grandson.

CONGRATULATIONS!

“Babies are the buds of imagination that are ready to bloom with lights of love and affection.”

- Debasish Mridha

Happy Birthday!

Sue Johnson 2/19



Valentine Floral Deliveries

We will be assisting Patterson's Flowers by delivering the special Valentine Floral gifts locally. Our GFWC club will be paid for each delivery made. If you would like to help, let Melanie know ASAP at 231-598-0852.



Our General Meeting

Tuesday, Feb. 8th

6:30pm Elks

Program is presented by the Health and Wellness CSP
We will be learning some Chair Yoga

Wear RED to our meeting to acknowledge Heart Health Month and also please wear your **Red Dress pin** daily for the month of February.



Important: Please attend the next 2 meetings either in person OR via ZOOM because we need your vote on some charity expenditures and in March we need your vote for our biannual election of officers. We can't accomplish this without you being with us. Thanks!

Things to bring to the meeting are:

Can Pull Tabs

Batteries for recycling

Quarters or check for Heifer International

Ongoing Collection of Recyclable **clean pop cans or bottles** to help the Big Rapids Scouts camp fund — Drop donations at Sue Johnson's office. If possible it would be appreciated if you indicate how many items are in the donation on the outside of the bag .

Project Smile completed projects (deadline April)

Foster Care Suitcases items: teen age books, and cuddly blankets (They have everything else.)

**Creating VALENTINE'S CARDS
for MEALS ON WHEELS
at our January Meeting**



Our goal was to
make 160
Valentines for
each Meals on
Wheels food tray
delivered on
Valentine's Day.

We Are Helping to Keep Students Warm This Winter!



The Health & Wellness CSP was able to buy snow pants and sweatpants for Riverside students. As you can see the kids were really pleased with the donation.



The Big Rapids Festival of the Arts is taking place daily during the month of February. Hopefully you can enjoy some of the wonderful events planned.

THE GREAT BACKYARD BIRD COUNT Feb 18 - 21



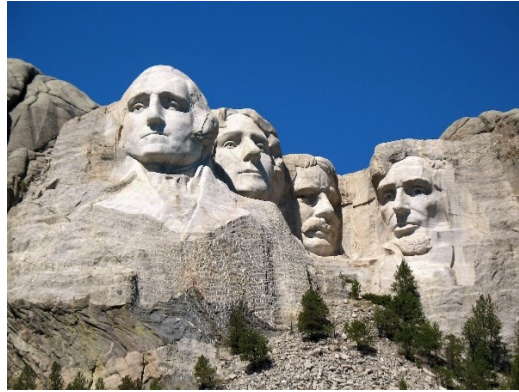
"Birds are everywhere, all the time, doing fascinating things.

Join us in February,
when the world comes together
for the love of birds."

This is a fun winter activity. Just log onto www.birdcount.org to register to watch the birds in your yard for a 15 minute period. and input what you found at the website. You can file a report as many times as you want during the 3 days. They offer a checklist of birds to help you identify the birds for our area. Then the results are posted daily so you can see how many countries are involved in this fun activity.

If you participate, please let Sue Johnson know how much time you spent.

Mt. Rushmore National Park



Mt. Rushmore National Park is located in the Black Hills near Keystone, South Dakota. It is centered on a colossal sculpture carved into the face of Mount Rushmore. The park covers 1,278 acres and the actual mountain has an elevation of 5,725 feet above sea level. It attracts more than 2 million visitors annually.

Sculptor Gutzon Borglum created the sculpture's design and oversaw the project's execution from 1927 to 1941 with the help of his son, Lincoln Borglum. The sculpture features the 60 foot heads of Presidents George Washington, Thomas Jefferson, Theodore Roosevelt, and Abraham Lincoln. The four presidents were chosen to represent the nation's birth, growth, development and preservation, respectively. South Dakota historian, Doane Robinson, is credited with conceiving the idea of carving the likeness of noted figures into the mountains of the Black Hills in order to promote tourism in the region. Borglum chose Mount Rushmore because it faced southeast and had maximum exposure to the sun. It, also, is composed of smooth, fine grained granite which erodes only 1 inch every 10,000 years, thus was more than sturdy enough to support the sculpture and its long-term exposure. Borglum and 400 workers sculpted the carvings with the use of dynamite followed by the process of "honeycombing", a process where the workers drill holes close together, allowing small pieces of granite to be removed by hand. In total, about 450,000 short tons of rock were blasted off the mountainside.

In 1933, the National Park Service took Mount Rushmore under its jurisdiction. By July 4, 1934, Washington's face had been completed and was dedicated. The face of Jefferson was dedicated in 1936, Lincoln in 1937 and Roosevelt in 1939. Originally, it was planned that the figures would be carved from head to waist but insufficient funding forced the carving to end. Gutzon Borglum died from an embolism in March 1941, several months before its completion in October. His son, Lincoln, continued the project. Nick Clifford, the last remaining carver, died in November 2019 at the age of 98. It is not possible to add another face to the memorial because the rock surrounding the existing faces is not suitable for additional carving and may create instabilities in the existing carvings.



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The flora and fauna of Mount Rushmore are similar to those of the rest of the Black Hills region of South Dakota. At lower levels, mainly the ponderosa pines surround most of the monument. Towards the higher elevations, plant life becomes sparser. However, only approximately five percent of the plant species found in the Black Hills are indigenous to the region. A study of the fire scars present in tree ring samples indicates that forest fires occur in the ponderosa forests surrounding Mt. Rushmore around every 27 years. Large fires are not common and most events have been ground fires that serve to clear forest debris. There are 2 streams in the memorial, Grizzly Bear Brook and Starling Basin Brook.

Although the faces on the mountain are the main attraction the park has more to offer. The “Avenue of Flags”, a walkway leading toward the memorial, opened in 1976. It is flanked on both sides by flags of the country’s 56 states and territories. Another major renovation, completed in 1998, added the Grand View Terrace and its Amphitheatre. There is also the Lincoln Borglum Museum which exhibits the memorial’s history, displays tools used in the carving and the scale model used to create the sculpture. The park also hosts several biking and hiking trails. The park is open all year, except December 25th, weather permitting. The sculpture illumination is from sunset to 9pm.



To acknowledge Human Trafficking Awareness month, our members wore blue to our January meeting.