

GENERAL FEDERATION OF WOMAN'S CLUB

BIG RAPIDS NEWSLETTER



Linda Telfer, President
Pat Rossi, 1st VP
Melanie Henry, 2nd VP (membership chair)
Joyce Iltis, Secretary
Sue Johnson, Treasurer
Ann Stellard, Parliamentarian

WEBSITE: GFWC-BIGRAPIDS.ORG

"Working for a Better Community"

September, 2022



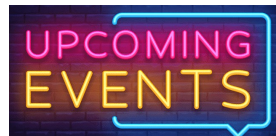
President's Note

Can you believe that it is September? I'm pretty excited for you to share your Community Service Program activities that are planned. We have a full agenda for our first meeting but I want to keep everyone informed and off to a good start. Put your thinking caps on. **I would like you to be thinking about what our community needs.** You will be asked to submit your ideas at the meeting. We would also like to keep the dues at \$65 and you will be voting on the proposed budget at the meeting.

A big thank you to Melanie Henry, 2nd Vice President, for arranging all the social events. They have been lots of fun and I think we would all agree that we needed some social time. It was a great way to invite friends who might be interested in joining.

Looking forward to seeing you on September 13th at the Elk's.

Linda Telfer, Club President & Newsletter Editor
(Contact info: LindaTelfer@ferris.edu)



September 13—GFWC Member Meeting @ Elk's Lodge 6:30 p.m.

September 27—10:00 a.m.—Coffee Talk in Three Girls Bakery

September 27— Dinner @ Nawal's 5:00 p.m.

September 29-October 2—GFWC Great Lakes Region Meeting in Brookfield, WI

October 3—GFWC-Big Rapids Board Meeting 5:00 p.m.

October 11—GFWC Member Meeting @ Elk's Lodge 6:30 p.m.

October 15— Northwestern District meeting in Reed City at the Methodist Church

October 17—Birdwatching vs. Birding @ BR Community Library @ 6 p.m.

October 27—4 B's Fundraiser @ Artworks, 4:00-7:00 pm

November 5—Michigan LEADS Seminar @ Comfort Inn & Suites, Mt. Pleasant

November 12—Guiding Harbor Fundraiser at Marriott Livonia

UPCOMING EVENTS

FIRST MEETING

Our first meeting of the year is Tuesday, September 13th beginning at 6:30 p.m. at the Elk's. Here is the list of items to bring:

1. **\$65 for your annual dues**
2. Can Pull Tabs for the Ronald McDonald House
3. Batteries for recycling
4. Mats for the homeless if you have made any over the summer.
5. Plyarn (plastic yarn) or plastic bags to make plyarn
6. Children's book donations of nearly new books
7. Quarters or check for Heifer International
8. Clean pop cans or bottles to assist the Big Rapids Scouts Camp Fund
9. Foster Child Suitcase Items
10. Greeting Cards for all occasions for the Senior Center
11. Purses & jewelry for our 4 B's Fundraiser

SOCIAL EVENTS



COFFEE TALK

The next Coffee Talk will be September 27, at Three Girls Bakery. Please consider joining us at 10:00 a.m. and **bring a friend.**



Arts & Culture Community Service Program



Come join the fun as we experience different cultural foods this year organized by Arts & Cultural Community Service Program. Our first stop will be at Nawal's Mediterranean Grille on Tuesday, September 27 beginning at 5:00. The address is 14253 Northland Drive in Big Rapids. If you can't make it at 5:00, that's OK, just come when you can. Please let Ann Stellard know if you will be joining the fun by calling or texting her at 224-210-9477. Invite a friend who might be interested in GFWC. We must have reservations and we will be ordering off the menu.





A Fun Girl's Night Out!



The 4 B's charity

Thur. October 27, 4:00—7:00 p.m.

ARTWORKS, 106 N. Michigan Ave, Big Rapids

We are currently asking for donations of slightly used purses, costume jewelry and scarves.

Please ask your friends and neighbors for donations. Bring your donations to our first meeting OR drop them off at ARTWORKS lobby.

Presented by the General Federation
of Woman's Club Big Rapids





Birthday Celebrations

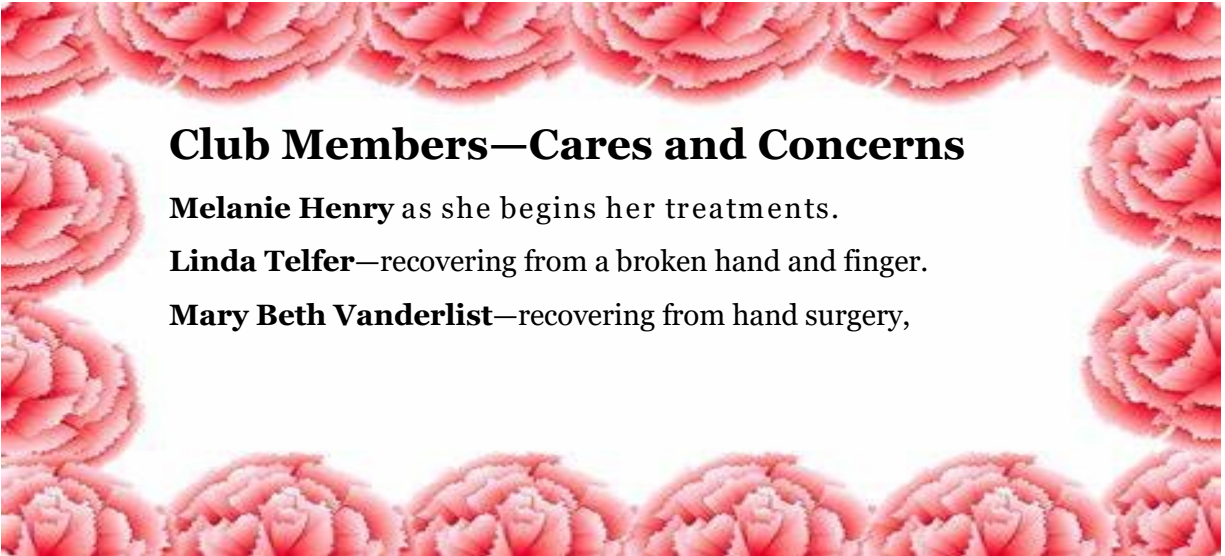


21—Beth Martz

21— Joan Boroff

22—Ruth York

29—Pat Rossi



Club Members—Cares and Concerns

Melanie Henry as she begins her treatments.

Linda Telfer—recovering from a broken hand and finger.

Mary Beth Vanderlist—recovering from hand surgery,

A BIG THANK YOU!!!

The following sisters have agreed to Chair a Community Service Program for 2022-2023. Thank you for living the volunteer spirit. Can't wait to hear what your CSP has planned.

Arts & Culture—Ann Stellard

Civic Engagement & Outreach—Melanie Henry

Education & Libraries—Joyce Iltis

Environment—Celeste Szczerowski

Health & Wellness—Sue Bean



Brought to you by Health and Wellness CSP

The Health and Wellness team would like to help each of you improve your health all year. Health tips and a new recipe will be provided for you to try. Get out and use your grill while the weather is still good. Enjoy!

Chicken Kabobs

For Chicken

11/2 lb. Boneless, skinless chicken breasts, trimmed
and cut into 1 1/2 in. pieces

1 Lemon

2 Scallions, finely chopped

1/4 c. Fresh flat-leaf parsley

3 tbsp. Olive oil, divided

Kosher salt and pepper

Veggie Combos

12 Cherry or grape tomatoes + 1 small zucchini, cut into thick half moons

1 Red bell pepper + 8 oz. fresh pineapple (both cut into 1 inch chunks)

1 Sweet potato, cut into 1 1/2 in. chunks + 1 medium red onion,

Cut into 8 wedges, each halved crosswise

Heat grill to medium-high. Place chicken chunks in a large bowl. Finely grate zest of lemon over chicken. Add scallions, parsley, 2 tbsp. oil, 1/2 tsp. salt, and 1/4 tsp. pepper and toss to combine. Squeeze lemon juice over the top and toss again.

Choose a veggie combo and, in a second bowl, toss vegetables with remaining tbsp oil and 1/4 tsp each salt and pepper.

Thread chicken and veggies onto skewers. Grill, turning occasionally, until chicken is just cooked through, 8-10 minutes.

Tip: When going to the store to get your groceries, park further out in the parking lot and when you go into the store take a quick walk around the perimeter before shopping to get in extra steps. Also, stand tall! Don't slouch over the shopping cart.

PAST EVENTS

August's Summer Picnic



A good time was had at our summer picnic. We were excited that four non-members attended as well. Not only did we have good food, we also went on a safari hunt, learned about baby animals and how many animal crackers can fit into one jar. So much fun!! Thank you to everyone who assisted with this event.

The lion had to rest after the picnic.

The lion had to rest after the picnic.



Thank You Elk's

The Environment Community Service Program (CSP) cleaned out the Elk's garden on Michigan Avenue as a way to say thank you for allowing GFWC-Big Rapids to use their facility for our meetings.



Thank You!



Winery Fun

We had a great turnout at Young's Farm Winery. Thank you for attending and an extra thank you to those who brought a friend. We had ten members and five guests.

